



Summer Newsletter



Bank Holiday Closures

- **Summer Bank Holiday Monday 29th August 2022**

Practice Updates

Staff News:

Practice Goodbyes: In May we sadly said goodbye to our Practice Administrator James who has worked at the practice since the beginning of 2022, we wish James the best of luck for the future. Also in July we sadly said goodbye to our Medical Receptionist Joanne who has worked at the practice for 2 ½ years. We wish Joanne all the best for the future.



New Staff: In August we welcomed our ST3 GP Dr Nisha Brown to the practice. We are very excited to have Dr Brown on placement with us over the next 12 months.

Upcoming Staff: We are delighted to announce that we have 3 new medical receptionists joining our team, Hayley, Philippa and Sarah will be starting throughout the months of August and September 2022.

Exciting News: In September 2022, we are thrilled to announce that our HCSW Simone will be returning to the surgery from maternity leave following the birth of her beautiful baby girl. We are certain that patients will be just as excited for Simone's return as we are!



Staff Announcements: 2022 continues to bring many staff changes and in July 2022 we are pleased to announce Mandy took on the role as our Lead Medical Receptionist, congratulations Mandy! Mandy has been a valued member of our reception team since October 2021.

Our previous Lead Medical Receptionist, Emily has now taken on the role of Practice Administrator at the surgery effective from May 2022.

New Services:

Patient Triage: The surgery is pleased to announce that in July 2022 we started a new service called 'Patient Online Triage', provided by Accurx, Patient Triage allows patients to raise a non-urgent medical or administrative request online and receive a response from a member of the team within 2 working days, preventing the need to phone the surgery. To access Patient Triage, please visit the Biddulph Valley Surgery Website.



Veteran Friendly Practice:

Accredited Practice: We are delighted to share the news with you all that Biddulph Valley Surgery is now a Veteran Friendly Accredited Practice. Our practice team are here to support all veterans ensuring that access to dedicated care is available where appropriate.



Armed Forces veteran friendly accredited GP practice

Beat the Heat:

Summer 2022: With climate change resulting in record high temperatures it is important we look after each other and ourselves by staying safe in the sun. Top tips to beat the heat this summer:

- Try to keep out of the sun between 11am to 3pm.
- Avoid exercising in the hottest parts of the day.
- Drink plenty of fluids and avoid excess alcohol.
- Apply sunscreen regularly.
- Close curtains on rooms that face the sun to keep indoor spaces cool.
- Look out for those who may struggle to keep themselves cool and hydrated especially children and the elderly.



Flu Vaccinations:

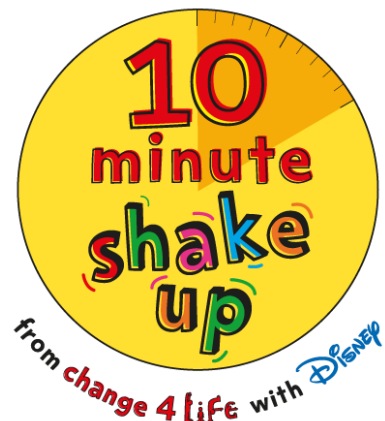


Coming soon: We are pleased to announce that we will be starting our vaccination programme again this September. We hope to offer appointments from the end of September 2022, make sure to keep up with any updates in the coming weeks for more information about the programme.

Keep Kids Active This Summer:

The 10 Minute Shake Up: Only 45% of children are meeting the Chief Medical Officers guidelines of one hour of physical activity per day. The campaign seeks to inspire kids to get active by using some of their favourite stories and characters from Disney, Pixar and Marvel.

Search '**10 Minute Shake Up hub**' online today to discover free, fun games to play to get kids up and moving this summer!



Useful Numbers:

Biddulph Valley Surgery: 0300 404 2987

Royal Stoke Hospital: 01782 715444

Biddulph Pharmacy: 01782 523567

Health Centre Pharmacy: 01782 515076

High Street Pharmacy: 01782 512334